



Term 1

Brief lesson plan

Week 7

Part 1: arriving

Activity 1: coming in to the lesson

 ON *Bring him back home (Nelson Mandela) – written and performed by Hugh Masekela*

1.1 Welcome the children to the class

1.2 Play with the pulse

1.3 Ask the children to sit down

1.4 Listen to the music

1.5 “Let’s talk about the music.”

 OFF *Bring him back home (Nelson Mandela)*

1.6 Revise the children’s musical vocabulary

1.7 Praise the children for something they have done well

1.8 The children stand up

Part 2: playing games

Activity 2: pulse/rhythm/pitch games

 ON *Ho, ho, ho! games track*

2.1 Pulse games

2.2 Rhythm games

2.3 Pitch games

2.4 The children sit down

 OFF *Ho, ho, ho! games track*

2.5 Ask the children to appraise an aspect of their work

2.6 Praise the children for something they have done well

Part 3: singing and playing






Activity 3: instruments

3.1 Repeat/reinforce material from previous weeks and continue to build on it






3.2 Perform your warm-up routine, using the notes the children will play later

3.3 Children put instruments down on cases and come back to stand in the circle

Activity 4: new song – Ho, ho, ho!

-  4.1 Listen to the song *Ho, ho, ho!*. Use track *Ho, ho, ho! – sung by Kim and Ben with Maki and Freya*
-  4.2 Learn to say the rap. Use track *Ho, ho, ho! – rapped by Kim and Ben*
-  4.3 Learn to sing verses 1, 2, 3 and 4+tag. Use track *Ho, ho, ho! – verse 1/2/3/4+tag – sung by Kim and Ben* Jump into a star shape on the last word.
-  4.4 Introduce the optional dance interlude, if you want. Use track *Ho, ho, ho! – dance interlude*
-  4.5 Stand to perform verses 1+2, the rap (x2) and verses 3+4+tag. Use track *Ho, ho, ho! – verses 1+2, rap x 2, verses 3+4+tag – for you to sing*

Activity 5: song – Hands, feet, heart


-  5.1 Revise the song. Use track *Hands, feet, heart – verse/chorus/verse/chorus/tag – for you to sing*
-  5.2 Collect the instruments; stand/sit in the circle. Do any necessary warm-ups.
-  5.3 Demonstrate some instrumental improvisation during the verse. Use track *Hands, feet, heart – verse only – instrumental improvisation*
-  5.4 The children improvise on their instruments. Use track *Hands, feet, heart – verse only – instrumental improvisation.*
- 5.5 Make an arrangement of the song that includes singing, vocal improvisation, playing on the pulse, and instrumental improvisation. Finish with a singing (not playing) unit.
-  5.6 Rehearse and perform the arrangement. Use track *Hands, feet, heart without vocals*, tailored to your needs.
- 5.7 The children move to Seated Rest Position.

Part 4: at the end

Activity 6: summarise what the children have learnt

- 6.1 “What have you learnt here today?”

Activity 7: put the instruments away

-  ON *See you next time*
- 7.1 Supervise the children putting their instruments away
- 7.2 Give the children a final word of praise